

Support Team for Addiction Recovery (STAR)

Quarterly Provider Meeting
September 20, 2018

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Philip D. Murphy
Governor

Sheila Y. Oliver
Lt. Governor



Shereef M. Elnahal
Commissioner

Overview

- Support Team for Addiction Recovery (STAR) provides case management and recovery support services for individuals with opioid use disorders (OUD).
- Overall goal is to help maintain individuals with an OUD remain in recovery, reduce the risk of recurring episodes of opioid related problems, and prevent future overdose.
- Provides services according to a recovery based philosophy of care and support individuals' continuing stability, recovery and wellness as they move through the recovery continuum.

Collaboration

“Work with individuals to assist with issues that often occur concurrently with an OUD, such as homelessness, incarceration, legal issues, employment, education, transportation, need for social services, health care, child welfare involvement, child care, health insurance, documentation, etc.”

- To do so, collaboration is a must
 - ✓ Medical Community
 - ✓ Housing Providers
 - ✓ Employers
 - ✓ Child Welfare
 - ✓ Social Services
 - ✓ SUD Treatment Providers
 - ✓ Legal Community

Priority Populations

- Individuals reversed from opioid overdoses and treated at hospital emergency departments through the Opioid Overdose Recovery Program (OORP)
- Other hospital emergency department Opioid Use Disorder (OUD) overdoses
- Discharges from licensed residential substance use disorder treatment facilities
- Individuals recently released from incarceration.

NOTE: This does not exclude other populations

STAR Counties and Providers

Atlantic- AtlantiCare Behavioral Health

Bergen- Children's Aid and Family Services, Inc.

Camden- Center for Family Services, Inc.

Essex- RWJBarnabas Health Institute for Prevention

Gloucester- Center for Family Services, Inc.

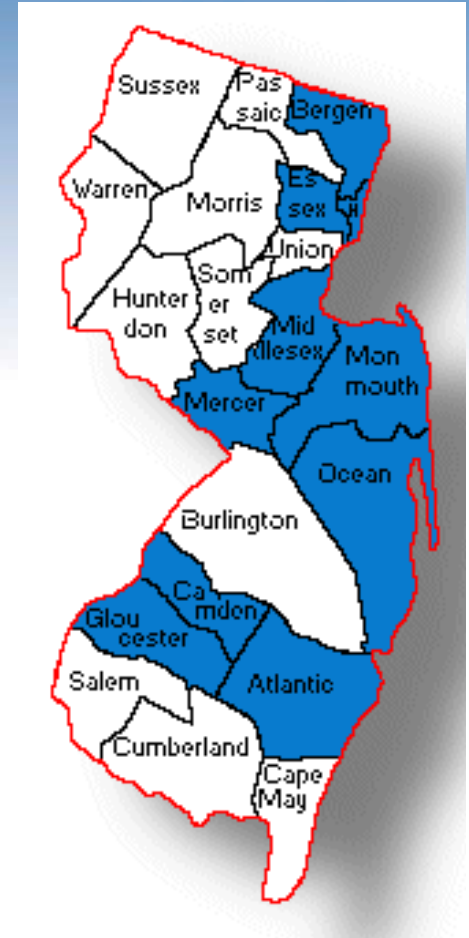
Hudson- RWJBarnabas Health Institute for Prevention

Mercer- Rutgers Health University Behavioral Healthcare

Middlesex- RWJBarnabas Health Institute for Prevention

Monmouth- Preferred Behavioral Health

Ocean- Integrity, Inc.



Staffing

- **Supervisor**
 - Must possess an LPC, LCSW or other Master's or higher level clinical license
- **Case Manager**
 - Must possess a Bachelor's level CADC, LCADC, or Master's in health, psychology, counseling, social work, education or other behavioral health profession
- **Recovery Specialist**
 - Shall have a minimum of a high school diploma or equivalency
 - Required 3-day DMHAS training

Statistics

STAR enrollment through September 3, 2018

Total enrolled	172
Total discharged	47
Enrollment as of September 3, 2018	125

STAR referral sources (N = 172)

	N	%
SUD treatment program	62	36.0%
Criminal justice sources (includes release from incarceration, re-entry program, HART)	31	18.0%
OORP or other overdose reversal	20	11.6%
“Special services”	12	7.0%
Homeless shelter or housing program	6	3.5%
Self	8	4.7%
Existing STAR client or word of mouth	7	4.1%
Other STAR program	3	1.7%
Other	23	13.4%

Note: “Other” referral sources were unclear (e.g., STEPS, HALO, BC:ICMS, social services, missing).

Outcomes

Intake and 3-month characteristics of individuals who completed both an intake and 3-month survey

	Intake	3-Month	% Change
At least 1 month abstinent (N = 38)	44.7%	71.1%	+26.4%
No relapse in the past 3 months (N = 56)	28.6%	57.1%	+28.5%
Maintaining or completed treatment (N = 56)	69.6%	75.0%	+5.4%
Stable housing (N = 56)	25.0%	55.4%	+30.4%
No overdose in past 3 months (N = 56)	85.7%	87.5%	+1.8%
Employed (N = 56)	23.2%	42.9%	+19.7%
Insured (N = 56)	85.7%	94.6%	+8.9%

Note: Findings should be interpreted with caution due to the small sample size.